



Photos by Spc. Emily J. Wilsoncroft

**Maj. Gen. Rick Lynch, 3rd Infantry Division commander, reads Dr. Seuss' "Oh, The Places You'll Go" to a group of Taylor's Creek Elementary School students Jan. 25. Lynch joined the students for the reading program as part of an effort to get parents and community involved with students.**

## Lynch shares Storybook Hour with students

**Spc. Emily J. Wilsoncroft**  
*Frontline Staff*

"I'm so excited that you all are here to see how important reading is!" exclaimed DeBorah Tunnage, a parent involvement facilitator at Taylor's Creek Elementary School, as children, parents and teachers crowded into the school's gymnasium Jan. 25 for a Storybook Hour.

Tunnage, a parent involvement facilitator at Taylor's Creek, orchestrated the evening's program and Maj. Gen. Rick Lynch, 3rd Infantry Division commander, was the guest (reader) of honor.

"We sponsor this program for our children in order to promote reading readiness," Tunnage said. "We ask someone in the community to come and read to the kids. General Lynch

came to us saying that he is a 'family support' commanding general."

Tunnage said, Lt. Col. Douglas McBride, commander of Special Troops Battalion, 3rd Sustainment Brigade, and school's sponsor, helped arrange Lynch's visit to the school.

With the children gathered around him, Lynch read two books, "The Drummer Boy" and "Oh, The Places You'll Go."

"I'm tickled to death to be here," Lynch said to his young audience. "It's not just because I'm a general, either ... it's because I'm a daddy."

"I remember reading to my kids when they were your age," he continued, "and I'm glad to read to you now, because you children are our nation's future."

Although the event focused on read-

ing, it also featured the school's choral group performing several songs, including "You're a Grand Old Flag," "The Dog-Face Soldier Song" and the Army Song.

Three students dressed in characteristic military uniforms — Christian Meadows, Ayuanna Reed and Keontae Brown — gave narrative accounts of the historical military members Audie Murphy, Brig. Gen. Coral Pietch and Col. Charles Young.

"We have more kids reading in our school because of this program," Tunnage said. "I see children being engaged, and I see support from our military, family and community, and I think that makes a better America."

Master Sgt. Michael Krause, Headquarters Company, 3rd Battalion, 69th Armor Regiment, attended the

event with his sons Maxi, 10, and Felix, 7.

"Things like this are good for the kids," he said. "(My sons) love reading. I can't tear (Felix) away from a book."

"This is the first time the Army has been affiliated with her school," said Sgt. Betzaida Santana, Headquarters Company, 3rd Sust. Bde., indicating her 8-year-old daughter Ariana.

"I liked when he read the stories," said Ariana, dressed in a youth-sized Desert Camouflage Uniform. She said "The Drummer Boy," about a teenaged boy who wanted to fight for Abraham Lincoln during the Civil War, was her favorite.

"I really appreciate that (Lynch) came out here," Santana said. "This way, my daughter gets to learn about that (Army) part of her mommy's life."



**Above: Taylor's Creek students listen attentively as Lynch reads during the school's Storybook Hour Jan. 25.**

**Left: Students Christian Meadows, Ayuanna Reed and Keontae Brown depict historic military figures Audie Murphy, Brig. Gen. Coral Pietch and Col. Charles Young Jan. 25 at Taylor's Creek.**

## GHS kicks off Georgia Days with constitution-viewing, Colonial Faire

**Georgia Historical Society**  
*Special to The Frontline*

The Georgia Historical Society kicks off the 2007 Georgia Days festivities with an opening program and reception at its headquarters, Hodgson Hall, today at 7 p.m.

As a special treat, GHS's rare draft of the U.S. Constitution will be on display.

Each year at the founding, the Georgia Historical Society celebrates the state's history during the first two weeks of February. 2007 marks the 274th anniversary of Oglethorpe's arrival at Savannah on Feb. 12, 1733, and the 200th anniversary of the death of this year's Georgia Days honoree, Abraham Baldwin.

The kickoff event will feature a program by Dr. Stan Deaton, vice president for programs and scholarship at the Georgia Historical Society, and will highlight Baldwin's contributions to Georgia and American history in a lecture entitled "The

Legacy of Abraham Baldwin."

As one of two Georgians to sign the new U.S. Constitution at the Constitutional Convention in Philadelphia and the founder and first President of the University of Georgia, Baldwin played a crucial role in the creation and success of the fledgling American republic.

His importance as a founding father of our state and nation has been too long overlooked and GHS looks forward to sharing this program with the public at this

kickoff event.

Baldwin's draft of the U.S. Constitution will be on display that evening for a limited viewing. The program will be followed by a reception.

The Georgia Historical Society and the Wormsloe Historic Site invite the public to join them on Saturday and Sunday from 10 a.m. to 4 p.m. for the annual GHS Georgia Days Colonial Faire and Muster — a Savannah tradition.

Attendees will step back into history

on the site of one of the earliest and most beautiful colonial-era plantations of the Georgia coast.

The event features military encampments, craft demonstrations, African-American interpretation, and period music and dance.

Guests can visit the ruins of the plantation house and the wattle and daub slave cabin.

Costumed interpreters and a host of demonstrations evoke the spirit of 18th-century Georgia for visitors of all ages.

A schedule of events is available upon arrival at the Faire and Muster and will detail the many exciting activities that will be going on throughout the weekend.

The event is sponsored in part by the Society of Colonial Wars, and is free and open to the public.

Ten miles southeast of Savannah's historic district, the Wormsloe State Historic Site is located at 7601 Skidaway Road. For directions, please call 912-353-3023.





## Pets of the Week



Han and Chewie, two young-adult male cats, and Tank, an eight-week-old male mixed-breed puppy, are some of the many homeless pets at the Fort Stewart animal shelter. The shelter has pets of all kinds, sizes, and breeds in its care. If you are interested in adopting, call the Fort Stewart Veterinary Clinic at 767-2842.



## MWR Briefs

### Learn Ju-Jitsu

Learn a Japanese combat art used by police and military forces, each Tuesday and Thursday, 6-7:30 p.m., at Caro Physical Fitness Center.

The fee is \$45 a month. For more information, call 767-7090.

### Feel the burn

Basic Endurance Aerobic Training, a new, high-intensity aerobics class based on the Army physical fitness program, is being offered from 7:30 to 8:30 a.m. weekdays at Jordan Fitness Center.

### Matting and framing class

A monthly matting and framing class is held the first Saturday of every month, 8:30 a.m. to 4 p.m. The class is required to use the matting and frame shop at the Leisure Activities Center. Call 767-8609 to register. Shop hours are Tuesday to Thursday, 10:30 a.m. to 6 p.m.

### Open recreation at Youth Center

Saturdays are open recreation at the Stewart Youth Center. First through fifth grades: noon to 2 p.m.; sixth to 12th grades: 2-8 p.m. The Child and Youth Services membership fee of \$15 is required. Call 767-4491.



## AAFES PRESENTS

FEB. 1 TO 7



### The Good Shepherd

Feb. 1 — 7 p.m.

(Matt Damon, Angelina Jolie)

Edward Wilson understands the value of secrecy — discretion and commitment to honor have been embedded in him since childhood. Wilson's acute mind, spotless reputation and sincere belief in American values render him a prime candidate for a career in intelligence, and he is soon recruited to work for the OSS (the precursor to the CIA) during WWII. Wilson develops into one of the Agency's veteran operatives, all the while combating his KGB counterpart. However, his steely dedication to his country comes at an ever-increasing price.

*R (violence, sexuality, language), 168 min.*

### The Pursuit of Happyness

Feb. 2-3 — 6 p.m.

Feb 4 — 7 p.m.

(Will Smith, Thandie Newton)

Chris Gardner is a bright and talented, but marginally employed salesman. Struggling to make ends meet, Gardner finds himself and his 5-year-old son evicted from their San Francisco apartment with nowhere to go. When Gardner lands an internship at a prestigious stock brokerage firm, he and his son endure many hardships, including living in shelters, in pursuit of his dream of a better life for the two of them.

*PG-13 (language), 113 min.*

### Children of Men

Feb. 2-3 — 9 p.m.

(Julianne Moore, Clive Owen)

A futuristic society faces extinction when no children are born and the human race has lost the ability to reproduce. England has descended into chaos, until an iron-handed warden is brought in to institute martial law. The warden's ability to keep order is threatened when a woman finds that she is pregnant with what would be the first child born in 27 years.

*R (strong violence, language, drug use, nudity), 114 min.*

### We Are Marshall

Feb. 7 — 7 p.m.

(Matthew McConaughey, Matthew Fox)

For decades, players, coaches, fans and families have come together to cheer on Marshall University's "Thundering Herd." For this team and this community, Marshall football is more than just a sport, it's a way of life. While traveling after a game in North Carolina, 75 members of Marshall's football team and coaching staff were killed in a plane crash. As those left behind struggle to cope with the devastating loss of their loved ones, the grieving families found hope and strength in the leadership of Jack Lengyel, a young coach who was determined to rebuild Marshall's football program.

*PG (emotional thematic material, crash scene, mild language), 127 min.*



Films are subject to availability. AAFES strives to show films according to the published schedule, but reserves the right to reschedule, cancel, or substitute showings as needed. For more information, call 767-3069.



## HEALTH W•A•C•H

Winn Army Community Hospital

## Losing weight tough but worthwhile

## Winn Public Affairs

Every year millions of Americans make New Year's resolutions. One of the more common resolutions is to lose weight.

The process of losing weight is an achievable goal. Finding a program that fits your needs makes it easier to achieve your goal, and you'll be less likely to break your resolution. With some thought and planning, you can pick a program suitable for you.

Whether you pay for a weight-loss service or do it yourself, the first step is choosing a safe diet program. The Weight-Control Information Network recommends plans that document five features.

The first feature the diet plan should contain is the appropriate recommended daily allowances for vitamins, minerals and proteins. Second, the plan should allow for steady weight loss, about a pound a week after the first week or two. Third, if you plan to lose more than 15 to 20 pounds, have any health problems, or take medication on a regular basis, consult your primary care manager first. Fourth, include a plan for weight maintenance after the weight-loss phase is over. Finally, if you pay for the program, get a detailed statement of fees and other costs that might occur before paying anything.

The other part of a successful weight-loss

program is exercise. An exercise program should be enjoyable enough so that you continue it year round, but demanding enough so that you see some results in as short a time as possible. Include activities that are rhythmic, repetitive, use large muscle groups and challenge your abilities.

Your exercise program should include warm-up, conditioning and cool-down phases to create a safe and beneficial exercise program. A good warmup lasts at least three to five minutes, and increases your heart and breathing rate, as well as your temperature. These changes, along with stretching, assure that muscles will not be hurt during the workout.

The conditioning phase, or workout, should start slowly. Gradually increase the length you exercise to 20 to 40 minutes. Exercise at least three times a week. After you complete the conditioning exercises a "cool-down" of at least five minutes is necessary. This allows your body to readjust to the decreased physical demands.

Don't get discouraged or break your resolution if you do not reach your goal by the date you had planned. The process of losing and maintaining weight is a lifelong endeavor. It requires hard work and patience.

Talk to your primary care manager or a nutritionist about planning your program today.

## BIRTH ANNOUNCEMENTS

Provided by Winn Army Community Hospital

## Jan. 16

• **Morgan Angeline Briggs**, a girl, 8 pounds, born to Spc. Michael and Tyfeny Briggs.

## Jan. 17

• **Erique Alexavier Cunningham**, a boy, 6 pounds, 4 ounces, born to Sgt. Eric Cunningham and Sgt. Tamiko Flowers-Cunningham.

## Jan. 18

• **Mirtha Itzel Hinojos**, a girl, 5 pounds, 2 ounces, born to Pfc. Jonathan and Maribel Hinojos.

## Jan. 19

• **Dasha Anisa Blackmon**, a girl, 7 pounds, 15 ounces, born to Sgt. 1st Class James and Delia Blackmon.

• **Jeremiah Logan Simmons**, a boy, 6 pounds, 3 ounces, born to Spc. Matthew and Michelle Simmons.

## Jan. 20

• **Liam Xavier Braswell**, a boy, 6 pounds, 8 ounces, born to Capt. Erin Braswell and Eric

Braswell.

• **Michael Tillman Davis**, a boy, 6 pounds, born to Sgt. Paul and Jessica Davis.

• **Toni Madison Gardner**, a girl, 6 pounds, born to Spc. Antoine and Tamika Gardner.

• **A'Niyah Camille Henderson**, a girl, 7 pounds, 13 ounces, born to Sgt. Leando and DeAnna Henderson.

• **Amara Grace Mollus**, a girl, 7 pounds, 2 ounces, born to Cpl. Michael and JoVonna Mollus.

## Jan. 21

• **Aaleyah Daniella Hooper**, a girl, 7 pounds, 5 ounces, born to Spc. Otis and Angela Hooper.

• **Kasen James Howard**, a boy, 7 pounds, 4 ounces, born to Pfc. Jamie and Kendra Howard.



## Winn Briefs

## Winn/Tuttle observe holiday

Feb. 16 is a MEDDAC training day and Feb. 19 is President's Day, a federal holiday. On Feb. 16 and 19, services at Winn Army Community Hospital will be limited to inpatient care and emergencies. Full operations will resume Feb. 20.

All services at Tuttle Army Health Clinic and the Hawks Troop Medical Clinic will be closed Feb. 16 and 19. Full operations will resume Feb. 20.

## TRICARE Service Center relocation

The TRICARE Service Center has moved from Hinesville to Fort Stewart. The new TRICARE Service Center location is Bldg. 202 Harmon Ave. The hours are from 8:30 a.m. to 4:30 p.m., Monday through Friday. The phone number is 1-800-444-5445.

## Courtesy Cart

The Winn Army Community Hospital courtesy cart is back in service and ready to pick you up.

The cart operates Monday through Friday from 8 a.m. to 3 p.m. and will take you from the hospital parking area to the hospital entrances.

## Let us know how we're doing

We need you, the community, to take our Winn Survey. Please stop by the Patient Representative's Office on the first floor of the hospital, Suite CH32, to take our five-minute computer survey about your visit at Winn that day.

## Update DEERS to receive healthcare

Beneficiaries must keep their DEERS information up-to-date or they may not be able to receive referrals, schedule appointments or access TRICARE Online. Winn Army Community Hospital and Tuttle Army Health Clinics use DEERS information to contact you regarding referrals and appointments.

DEERS information can be updated by calling 1-800-538-9552, by visiting [www.tricare.osd.mil/deers/default.cfm](http://www.tricare.osd.mil/deers/default.cfm) or by stopping by Bldg. 253 on Fort Stewart.

## Expectant sibling class slated

This class for "expectant siblings," ages 3-12, is to help them prepare for the arrival of a new sibling. The class is held the first Thursday of every month at 5 p.m. For more information or to register, call 435-6633.

## Baby care - hands-on training

This class offers first time fathers-to-be the chance to ask questions and practice taking care of their child through hands-on training. Facilitated by a man for men, the class will cover topics that include how to change diapers, bathe and hold an infant to what to expect during pregnancy, labor and delivery.

This class will be held Wednesdays, 1 - 4:30

## VOLUNTEER SPOTLIGHT

EILEEN FORREST



Eileen Forrest of Boston, Mass., is a Red Cross volunteer working in Pediatrics at Winn Army Community Hospital.

Forrest volunteers because it gives her the opportunity to keep up her skills and increase her knowledge base. Her interests and hobbies include gardening and sports.

If you'd like more information about becoming an American Red Cross volunteer at Winn, call Brigitte Roberts at 435-6903.

p.m., in the Social Work Services building. For more information or to register, call Army Community Service at 767-5058.

## Obstetrics registration class

If you have had a positive pregnancy test, the obstetrics registration classes will give you the opportunity to ask questions, take initial lab tests, create your OB medical records and schedule your first appointment with your health care team.

The classes are held at Winn Tuesdays, Wednesdays and Thursdays at 9 a.m. and 1 p.m. At Tuttle, classes are held Tuesdays at 8 a.m.

For more information or to register, call 435-6633 or (800) 652-9221.

# Seek God’s blessings in your marriage

**Chap. (Capt.) Pratima Dharm**  
*3rd Sust. Bde. chaplain*

Marriage is perhaps the oldest institution on earth. And yet, to this day, we continue to struggle against the very rules of commitment that make the promise of marriage binding on the two people who choose to enter it. In ancient and medieval times, marriage was not only a promise between the bride and groom, but also between their respective families.

It was very important to seek the blessings of the elders from both sides of the family before entering the sacred bonds of marriage. And most of all it was important, through prayer, to seek the approval of God and his blessings upon the newlyweds. This ensured that the couple would not treat lightly their promises to remain within the bounds of marriage even when tough times pounded its very foundations! No wonder marriages tended to last longer despite the many personal trials and tribulations faced by the couple in the course of their marriage.

Today, couples rush into marriage without consulting their respective families and most importantly the approval and blessings of God. This means that they tend to treat their marriage more as a legal contract gained in the office of a justice of the peace than as a sacred promise made to each other in the name of the Holy

Living God. This ensures that in times of stress and conflict that most marriages tend to face, the marriage becomes susceptible to a breakup. Instead of making a marriage stronger, trials become the triggers for blames, nasty name-callings and character assassinations. Couples are faced with the gruesome decision of divorce and often submit to this evil institution, rather than keeping the marriage together in the sacred institution of marriage under God.

***If couples seek proper blessings before marriage, they will be prepared when hard times come knocking on their doors.***

they would consult family and friends (and other resources such as social workers, psychologists, counselors, etc.) that will restore their marriage to a healthful state. Scriptures encourages us to seek God in all things and matters in our lives so that every desire of our hearts shall be given to us. Just as ***Psalms 37: 4***says, “Delight yourself in the Lord and he will give you the desires of your heart.”



## Chapel Schedule

### Fort Stewart

Catholic	Location	Time
Sunday Mass	Heritage	9 a.m.
Saturday Mass	Heritage	5 p.m.
Protestant		
Contemporary Worship	Marne	11 a.m.
Gospel Worship	Victory	11 a.m.
Traditional Worship	Marne	9 a.m.
American Samoan	Vale	11 a.m.
Liturgical Worship	Heritage	11 a.m.
Kids' Church (K to 6th grade)	Across from Dia. Elem.	11 a.m.
PWOC (Tuesday)	Vale	9:30 a.m.
Islamic		
Friday Jum'ah	Marne	1:30 p.m.
Contact Staff Sgt. Aiken at 877-4053.		
Jewish		
Contact Sgt. 1st Class. Crowther at 332-2084.		
Friday	Marne	11:30 a.m.

### Hunter Army Airfield

Catholic	Location	Time
Sunday Mass	Chapel	11 a.m.
Protestant		
Sunday Service	Chapel	9 a.m.

### Religious Education Contacts

Stewart and Hunter, Director of RE, Mike Iliff, call 767-9789.  
Stewart Catholic RE coordinator, Beth Novak, call 767-6825.  
Hunter Catholic RE coordinator, Pamela Perez, call 315-5440.

## Fort Stewart Chapel Youth Ministry Junior and Senior High Students!

Join us for free games and pizza  
6:30 - 8 p.m. Sunday,  
at Vale Chapel in Bryan Village.  
For more information,  
call 877-7207.



## Kids Church

Exciting Bible Lessons  
with music, puppets, videos, crafts, games

**11 a.m. to Noon, Sunday**  
at School Age Services  
(across from Diamond Elementary)

## For all kids Grade K-6

### Scheduled Bus Pick-up

- 10:15 a.m. - Liberty and Hendrich, Liberty and Sicily, Liberty and Anzio, Liberty and Rome
- 10:20 a.m. - Jasmine and Skyland Spruce, Jasmine and Liberty Wood, Wild Fern and Golden Birch
- 10:30 a.m. - Schofield and Sansidro, Schofield and Hollandia, Rogers and Argyle
- 10:40 a.m. - Naktong and New Guinea, Ormoc and New Guinea
- 10:50 a.m. - Marne Chapel
- 10:55 a.m. - Victory Chapel

**Questions?**  
**Contact Chaplain Ric Thompson at 767-6831**



# Coastal Happenings

Courtesy of the Coastal Courier

## Learn to dance at YMCA

HINESVILLE — The Liberty County Armed Services Family YMCA began ballroom dance lessons this week.

Instructors Jamie Cooke and Kame Varnedoe will teach the basics with a Latin style influence. Classes are designed to be encouraging, motivating and fun. Ballroom dancing is a fantastic way to get into shape.

Regular schedule for classes will be from 7 to 8 p.m. for nine weeks through March 29. Registration costs \$90 dollars per couple for YMCA members, or \$144 for other couples. Childcare is available to non-members at the rate of \$3 dollars per child per hour. For more information call 368-5395.

## Post 321 holds fish fry

MIDWAY — East Liberty County American Legion Post 321 will host a fish fry Saturday and the public is invited. It will be 3 to 6 p.m. at the Midway Museum on Highway 17. The cost is \$5 for a plate of fried fish, coleslaw and hush puppies. Cold drinks will also be available. The proceeds from this event will enable the post to assist veterans, the community and, now with the 3rd ID deploying overseas once more, the post will be in a position to assist waiting family members. For more information, call Darryl Woodard at 884-7480 or A.J. Schmitt at 884-1730.

## GSU arts season

STATESBORO — Here is the line-up for the Performing Arts Center at Georgia Southern University:

- **Feb. 10** — The Capital Steps. Based in Washington, D.C., this musical group is famous for its politically inspired and hilarious song parodies.
- **March 8** — Moscow Festival Ballet presents “Swan Lake.” Founded by a member of the legendary Bolshoi Ballet, this troupe features the classic Russian style of ballet.

To buy a season subscription or get more information, call toll free (866) PAC-ARTS, or visit the PAC website at <http://ceps.georgiasouthern.edu/pac>.

## Pageant contestants sought

FLEMINGTON — The Miss Liberty and Miss Long County Forestry Scholarship Pageants is Feb. 24 at Brewton-Parker College in Flemington.

Contestants are being sought. The pageants are open to all contestants up to 16 years old. Contestants ages 17-24 must live, work or go to school in the county they represent.

Both pageants are preliminaries to the Miss Georgia Forestry Scholarship Pageant. Winners will get gold crowns, custom sashes, trophies and entry fees paid to the 68th Miss Georgia Forestry State Scholarship Pageant in June at Tifton. The state pageant awards thousands of dollars in scholarships, cash and prizes each year.

For more information, call Rita Watson, director, at 368-6960 days or 876-2775 evenings, or e-mail [longforestry@yahoo.com](mailto:longforestry@yahoo.com) or [liberty-forestry@yahoo.com](mailto:liberty-forestry@yahoo.com).

## Enjoy art on the Isles

BRUNSWICK — Golden Isles Arts and Humanities Association is in its expanded 2006-07 Performing Arts Series at **Brunswick's historic Ritz Theatre** every month through April.

### **Here's the line-up:**

“The Sounds of Silents,” multimedia weekend celebrating great film comics: Parallel Exit’s “This Way, That Way,” 8 p.m. Friday; \$18 adults, \$15 students and seniors.

Buster Keaton’s “Steamboat Bill Jr.” with live music by Kenosha Kid, 8 p.m. Saturday; Charlie Chaplin’s “The Kid” with music by Kenosha Kid, 3 p.m. Sunday; both Kenosha Kid screenings for total \$18 adults, \$15 students and seniors

Weekend package price (all three shows) \$30 adults, \$24 students and seniors.

All shows are at the Ritz Theatre, 1530 Newcastle St., Brunswick. For information and tickets, call (912) 262-6934, or e-mail [info@goldenislesarts.org](mailto:info@goldenislesarts.org) or go online at [www.goldenislesarts.org](http://www.goldenislesarts.org).

## Brunswick-Glynn Library

BRUNSWICK — Patricia Wynn will talk about her latest book, “The Motive from the Deed,” 3 p.m. Saturday at Brunswick-Glynn

County Library. The book is a mystery set in 1715 England. It features Lady and Fanny Oglethorpe as Jacobite spies. Patricia will discuss her research about the Oglethorpe family and how she weaves history into her award-winning mystery novels.

This is free and open to the public. For more information call (912) 267-1212.

## School hosts dinner

HINESVILLE – Joseph Martin Elementary School presents its annual spaghetti dinner and first air band and lip sync contest Monday. Join us for top-notch food and entertainment at 5 p.m. for take out/pickup or from 5:30-7 p.m. for table serving. Advance tickets are \$6, and \$5 for children under 12. For more information, call 368-3114.

## Mighty Eighth exhibit

POOLER — A short-term exhibit of some unique artifacts from the Mighty Eighth Air Force Museum's archives displayed in late 2006 is installed again in the museum's Rotunda now through Feb. 4.

The Mighty Eighth Air Force Museum, located at 175 Bourne Avenue in Pooler, is open 9 a.m. to 5 p.m. every day. For more information, call 912-748-8888 or go to [www.mightyeighth.org](http://www.mightyeighth.org).

## Sing your heart out

The Greater Georgia Choral Chapter is looking for people who love gospel music and who want to do more than just listen to it.

GGCC offers an opportunity to grow in the ministry of gospel music for adults and youth. Groups and individuals are welcome. Contact Wilma Gregg or Andre Gregg, at 912-368-4185.

## Free dance lessons offered

Free ballroom dancing lessons are being offered at Club Stewart 7 to 9 p.m., the first Wednesday of every month by the Moon River Dancers Association in Savannah. It is for soldiers and their families. Couples and singles welcome. No registration required, just show up and learn. Call 767-8609, for information.

Also, if you're into ballroom dancing and don't mind the drive, the Seaside Dance Association in St. Simons Island has dances every Tuesday and Thursday through the summer at Blanche's Courtyard starting at 7 p.m.

The association also hosts a dance on the last Sunday of each month at the Jekyll Island Club Hotel, in the grand dining room. Instruction starts at 5:15 and seating for the dinner and dance starts at 6.

For more information, call (912) 634-9527 or e-mail, [SeasideDance@bellsouth.net](mailto:SeasideDance@bellsouth.net).

## View Native art

CARTERSVILLE — After a year on the road, male and female effigies created several hundred years ago have returned home to Etowah Indian Mounds Historic Site here. The nearly three-foot-tall marble sculptures had been part of the traveling exhibit “Hero, Hawk and Open Hand,” showcasing American Indian art of the ancient Midwest and South.

The sculptures were found in mound C which was excavated during the 1950s and are among the finest pieces of ancient Indian art in the United States. They were so well preserved that even the paint colors are still vivid today.

Today, visitors to Etowah Indian Mounds can see the original effigies while touring the museum and grounds. Exhibits include ornamental pieces, a head-shaped rattle made of copper, pottery, weapons and dozens of other artifacts dating back as much as 1,000 years. Three main mounds remain, the highest standing 63-feet.

The historic site is six miles southwest of I-75 exit 288 in Cartersville. Admission is \$2.50 for children and \$4 for adults. Hours are 9 a.m. to 5 p.m. Tuesday-Saturday and 2-5:30 p.m. Sunday. For information, call 770-387-3747 or visit [www.gastateparks.org/info/etowah](http://www.gastateparks.org/info/etowah).

## Chess, anyone?

STATESBORO — Adults and children alike are invited to play chess

# Military discounts offered at women's show

## Show Brings Dr. Will Kirby of CBS' Big Brother to Savannah, Nathalie Dupree cooking on stage

### Special to the Frontline

SAVANNAH — Guests at the Savannah Southern Women's Show will have a chance to get up close and personal with some of the country's most colorful personalities. The outrageous “puppet master” from CBS's reality hit Big Brother Dr. Will Kirby is among the special guests at the Southern Women's Show Feb. 9-11 at the Savannah International Trade & Convention Center.

Southern Shows, Inc. extends a special invitation to all military personnel. Present your military ID for a reduced rate of \$4.

Show hours are 11 a.m.-9 p.m., Feb. 9; 10 a.m. – 7 p.m., Feb. 10 and 11 a.m.-5 p.m., Feb. 11. Admission is \$7 in advance, \$8 at the door and \$4 for children 6-12 years old. For advance tickets or more info, call 800-849-0248 or visit [www.SouthernWomensShow.com](http://www.SouthernWomensShow.com).

In addition to Dr. Will, TV personality and cookbook author Nathalie Dupree makes her Southern Women's Show debut. Nathalie is the author of New Southern Cooking and her latest release, Nathalie Dupree's Shrimp and Grits Cookbook.

One of the most highly anticipated events in Savannah, the annual Southern Women's Show, attracts thousands of local women each year for three jam-packed days of fashion shows, cooking demonstrations, beauty tips, health screenings, decorating ideas and personal growth opportunities — all tailored especially for women — as well as celebrity appearances.

While Dr. Will heats things up on stage, celebrity chef Nathalie Dupree will heat things up on the cooking stage. Her latest release, Nathalie Dupree's Shrimp and Grits Cookbook (Gibbs Smith, Hardcover, \$21.95,

in the Statesboro Mall 3 to 5 p.m. every Sunday. Chess in the Mall is hosted by the Ogeechee River Scholastic Chess Association (ORSCA) and school chess clubs throughout Bulloch County. Go to <http://chess85.tripod.com> or e-mail [j-lutz@enia.net](mailto:j-lutz@enia.net) or call 912-764-9770.

Local chess players are also trying to stir interest in the game around Hinesville. If you're interested in playing, and possibly forming a club, call 876-4715.

## Doing Savannah

Activities sponsored by the Savannah Department of Cultural Affairs include these ongoing events:

### Every first Friday of the month

Folk Music by Savannah Folk Music Society, 7:30 p.m. Free at Wesley Monumental United Methodist Church.

The Arts at City Market Center, Upstairs, Jefferson & West St. Julian Streets, free 6:30 to 8:30 p.m. Call (912) 232-7731.

### Every first Saturday of the month

Adult and youth basic ballroom dance classes, by Moon River Dancers: 1 to 3 p.m. at W. Broad Street YMCA, 1110 May St. Admission is \$3 per person. Call 912-925-7416 or visit [www.savannahusabda.org](http://www.savannahusabda.org).

### Every third Wednesday of the month

Open Mic Poetry Night - Signup at 7:45 p.m., Gallery Espresso, 6 East Liberty St. Call 912-233-5348.

### Saturdays and Sundays

Flannery O'Connor Childhood Home Foundation tours 1 to 5 p.m. Saturdays and 1 to 4 p.m. Sundays. Located at 207 E. Charlton St. on Lafayette Square. Born in Savannah in 1925, writer, Mary Flannery O'Connor, lived in a Charlton Street house until 1938. Today, it is maintained partly as a memorial to her and partly as a literary center for Savannah. Literary activities are held at various times October through May, free. Call 912-233-6014.

### Every Sunday

Oldie Goldies Sunday at the American Legion Post 500, 1716 Montgomery St., 4 to 8 p.m. Call 912-925-7116.

The Reel Savannah Film Group presentations, 7 p.m., Sunday evenings at the Lucas Theatre. Tickets, which are \$6, are available an hour before showtime.

## Free year of golf

Georgia State Park Golf Courses have membership benefits that will cost you nothing. Become a Georgia Golf Internet member and you'll be automatically entered into quarterly drawings for an annual greens pass (a \$575 value).

Internet members receive benefits, such as discounts on green fees and pros shop merchandise, free

June) offers creative recipes for cooks everywhere that will show the versatility of this Southern staple. She'll share colorful recipes and essential tips about how much and what liquid to use, what kind of pan to cook in, and how long to cook grits, along with information about how to catch, clean, freeze and cook shrimp.

In addition to Dr. Will and Nathalie, guests can meet award winning journalists Barbara Kantrowitz and Pa Wingert at the show on Saturday. Friends as well as collaborators, Kantrowitz and Wingert have co-written dozens of cover stories for Newsweek Magazine, they also write the popular “Her Body” health column on Newsweek.com. Combining solid reporting, thorough research and a good dose of humor, the authors answer hundreds of real-life questions to help women understand the wide range of “normal” experiences and why there's so much variation from woman to woman.

Attendees can enjoy the fun and discover their newly released indispensable guide, “Is It Hot in Here? Or Is It Me?”

This year's show also promises more than 300 exhibitors ranging from boutiques and jewelers to travel agents and health care professionals and making it the perfect one-stop shop for on-the-go women.

While attendees are welcome to window shop, the hands-on, interactive nature of the Southern Women's Show makes it the perfect opportunity to actually try out new products and services, consult with experts and register for prizes and give-aways. On-site health screenings, too, enable women to undergo risk-factor assessments, as well as blood pressure, cholesterol and bone density checks.

Throughout the show, watch for live cooking demonstrations, seminars and fashion shows, including the popular Firefighters Fashion Show.

Show sponsors are Saturn of Savannah, Savannah Morning News, WTOG 11, Clear Channel Radio, and Memorial Health.

Americus and Plains. Cost is adults, \$20 and \$10 for children roundtrip. For a schedule and ticket sales, visit [www.SamShortline.com](http://www.SamShortline.com) or call 1-800-864-7275.

## Georgia's natural springs

WARM SPRINGS — Georgia's state parks and historic sites host three natural springs that have helped shape the state and our culture.

The best known is **Warm Springs**. Emerging at 900 gallons-per-minute and 88 degrees year-round, one of Georgia's seven warm springs transformed a west Georgia town into a well-known stagecoach stop. The town of Warm Springs was host to Georgia's high society during the early 1900s, and it became the vacation home of Franklin D. Roosevelt after he sought relief from polio in the warm, therapeutic water.

Just off I-75 in middle Georgia is **Indian Springs State Park**, thought to be the oldest state park in the nation.

The Creek Indians believed the springs had healing and invigorating qualities, and the town of Indian Springs became a bustling resort town from the 1820s until the Great Depression.

For More Information call 706-655-5870, or visit [www.FDR-LittleWhiteHouse.com](http://www.FDR-LittleWhiteHouse.com). For Indian Springs information, call 770-504-2277 or for Magnolia Springs State Park, Millen, call, 478-982-1660, or go to [www.GaStateParks.org](http://www.GaStateParks.org).

## Backpackers lodge

AMICALOLA FALLS — With fall weather on the horizon it's time to start planning a hiking trip. Georgia's only backcountry lodge, The Hike Inn, is found at the end of a scenic five-mile trail beginning at Amicalola Falls State Park. Hikers are rewarded with soft beds, hot showers and hearty family-style meals. Staff members proudly boast that the temperature rose above 90 degrees only once last summer, making the eco-lodge a perfect getaway for June, July and August. Rates begin at \$65/adult and include meals. For details, visit [www.hike-inn.com](http://www.hike-inn.com) or call 1-800-864-7275. Guests are encouraged to call far in advance since weekends fill quickly.

## Visit Georgia parks

Visitors to Georgia's 48 state parks can make online reservations for campsites, cottages, lodge rooms, picnic shelters and other facilities. To get to the parks' new reservation center, operated by Maryland-based Spherix, click “Make a Reservation” on [www.gastateparks.org](http://www.gastateparks.org) or call 1-800-864-7275 (open 8 a.m. to 8 p.m. Monday-Friday; and 9 a.m. to 5 p.m. Saturday-Sunday, ).